

Name: \_\_\_\_\_ Male/Female DOB: \_\_\_\_\_

Address: \_\_\_\_\_ (mailings may be sent here.)

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

E-mail Address: (updates and coupons may be sent) \_\_\_\_\_

Occupation: \_\_\_\_\_ Spouse: \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

If having a "Therapeutic" massage, what is your **major complaint** or condition you want to improve on today?

What activities or products

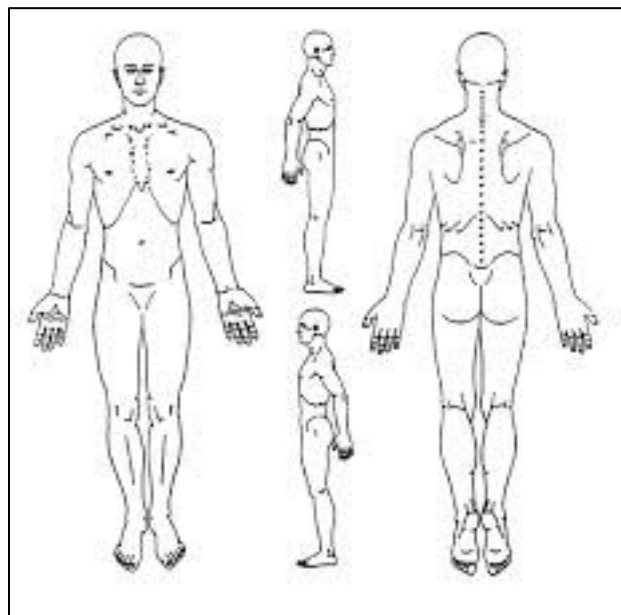
**aggravate** this condition?

**improve** this condition?

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Are you under medical/therapeutic treatment?

If yes, for what condition(s)?



Shade any area of concern.

List any **medications** (including aspirin, **herbs**, and vitamins) taken in the last 12 months & for what condition(s):

**Informed Consent**

I, \_\_\_\_\_, (PRINT NAME) am at least 18 years of age or older and understand that licensed massage therapy provided here at MassageFIX is intended to enhance relaxation, reduce pain caused by muscle tension, increase range of motion, improve circulation and offer a positive experience of touch. Any other intended purposes for massage therapy are specified here:

I understand that massage therapy is not a substitute for medical treatment or medications, and that it is recommended that I concurrently work with my Primary Caregiver for any condition I may have. I am aware that the massage therapist does not diagnose illness or disease, does not prescribe medications, and that spinal manipulations are not part of massage therapy. I have informed the massage therapist of all my known physical conditions, medical conditions and medications, and I will keep the massage therapist updated on any changes.

\_\_\_\_\_  
Date/ LMT

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

# Health History

Check the following conditions that apply to you, past and present. Please add your comments to clarify the condition.

## MusculoSkeletal

- Headaches
- Joint stiffness/swelling
- Spasms/cramps
- Broken/fractured bones
- Strains/sprains
- Hip pain
- Shoulder, neck, arm, hand pain
- Leg, foot pain
- Chest, ribs, abdominal pain
- Back pain: upper, mid, lower
- Jaw pain/TMJ
- Tendonitis
- Bursitis
- Arthritis: OA or RA
- Osteoporosis
- Scoliosis
- Bone or joint disease
- Other:

## Circulatory and Respiratory

- Dizziness
- Shortness of breath
- Fainting
- Cold feet or hands
- Cold sweats
- Swollen ankles
- Pressure sores
- Varicose veins
- Blood clots
- Stroke
- Heart condition
- Allergies
- Sinus problems
- Asthma
- High blood pressure
- Low blood pressure
- Lymphedema
- Other:

## Nervous System

- Numbness/tingling
- Twitching of face
- Chronic pain
- Sleep disorders
- Ulcers
- Paralysis
- Herpes/shingles
- Cerebral Palsy
- Epilepsy
- Chronic Fatigue Syndrome
- Multiple Sclerosis
- Muscular Dystrophy
- Parkinson's disease
- Spinal cord injury
- Other:

## Digestive

- Indigestion
- Constipation
- Intestinal gas/bloating
- Diarrhea
- Diverticulitis
- Irritable bowel syndrome
- Crohn's Disease
- Colitis
- Other:

## Skin

- Rashes
- Allergies
- Athlete's Foot
- Warts
- Moles of concern
- Acne
- Cosmetic surgery
- Other:

## Recent:

- Injections
- Vaccinations
- Topical Medicines
- Patches
- Pumps (with location)
- Bruising
- Medication Side Effects

## Reproductive System

- Pregnancy:
  - Current
  - Previous
- PMS
- Menopause: Pre, Current or Post?
- Pelvic Inflammatory Disease
- Endometriosis
- Hysterectomy
- Fertility concerns
- Prostate problems

## Other

- Loss of appetite
- Forgetfulness
- Confusion
- Depression
- Difficulty concentrating
  
- Drug use \_\_\_\_\_
- Alcohol use \_\_\_\_\_  
*Today??* \_\_\_\_\_
- Nicotine use \_\_\_\_\_
- Caffeine use \_\_\_\_\_

- Hearing impaired
- Visually impaired
- Burning upon urination
- Bladder infection
- Eating disorder
- Diabetes: Type I or Type II
- Fibromyalgia
- Post/Polio Syndrome
- Cancer
- Infectious disease** (please list)  
\_\_\_\_\_
- Other congenital or acquired disabilities (please list)

## SURGERIES: (list with year)

Please list any additional comments regarding your health and wellbeing:

I have stated all conditions that I am aware of and this information is true and accurate. I will keep this Massage Therapist updated as to any changes in my status.

**CLIENT'S SIGNATURE:** \_\_\_\_\_

Date: \_\_\_\_\_

## MassageFIX® LLC Polices & Procedures

**Conduct Polices:** Pets are never allowed. We discourage **children (under 18)** accompanying parent in treatment rooms. Unsupervised children will not be allowed to stay in lobby. Children under 18 **cannot** fill out intake forms. Parents must stay with their children (under 16) at all times when they receive massage. Children 16-18 may receive massage with parents written consent when parent is not on premises on a case by case basis only when the therapist feels that it is appropriate. Written consent must be given directly to therapist by parent with valid photo ID.

**Intake:** A thorough intake will be done by your therapist prior to your massage. Home instructions, further appointments and referrals may be made if necessary. No product or service will ever be recommended outside of your best interest. We reserve the **right to refuse service** to anyone for any reason that indicates we cannot serve you appropriately or our safety is at risk. Clients with Shingles, poison ivy/oak, using testosterone cream and or recently vaccinated with smallpox/chickenpox cannot receive massage. Other illnesses and/or medications may also indicate caution or preclude massage. Clients are asked to not consume alcohol prior to massage.

**Fee Polices:** Payment expected at time of service and fees are listed in our most current brochure, website and social media. We take cash, check or credit cards. We do not bill insurance. **Gift cards** are available for sale in our office and online. In the event of business cessation, your gift card may be transferred to another LMT outside of this business or a refund made to you.

**Service Guarantee:** If for any reason you are **dissatisfied with your massage**, please give us the opportunity to make it right. We can reschedule you with another therapist or refund your money.

**Discolorations:** **MediCupping, Cupping, Magnetic Acupressure Cupping and Gua Sha** can cause localized pain. It has been explained to me that there is the possibility of discolorations that can occur from these tools as they release and clear stagnate cellular debris, pathogenic factors and toxins being drawn to the surface to be cleared away by my lymphatic and circulatory systems. This is not bruising. Bruising occurs when pressure is applied to blood vessels, as to break them open. I further understand that the discolorations will dissipate from a few hours to as long as several weeks in some cases and in relation to my after-care activities. I understand that the first time I experience Cupping, my body's immune system can temporarily react to this release as it might with the flu - producing flu-like effects like nausea, headache, aches, that will subside in time with rest and water. Water helps to dilute the intensity of the release. I understand that I should avoid exposure to cold, wet, and/or windy weather conditions, hot showers, baths, saunas, hot tubs and aggressive exercise for 12 hours. I understand that exposure to such extremes can produce undesirable effects and I should avoid such situations.

**Allergies/Sensitive Skin:** If you have sensitivities, please let us know. We have sheets washed in hypo-allergenic soap, unscented apricot kernel oil and can remove aromatherapy from the room. **Please give 48 hours notice.** Clients with **Asthma** must have an inhaler with them during massage. Deep Tissue Massage may cause bruising and discomfort for several days after massage. **Nitrile gloves** may be used by therapists, especially in TMJ intra-oral massage.

**Appointment Polices:** We insist on a **24 hours notice prior to canceling** or rescheduling an appointment. If your therapist cannot keep your appointment, all efforts will be made to book you with another therapist first before we cancel your appointment. **"No-shows"** will be called to reschedule. Clients with two "no-shows" & "last minute cancellation" will be asked to pay in cash for the therapists time in advance of any further treatments with no refunds or credit being given for any subsequent no-shows or last minute cancellations. **If you are late**, time will *not* be added to your session as we cannot inconvenience other clients by starting their sessions late or a therapist that has other obligations outside of work.

**Confidentiality:** According to KY State law, your written consent must be given or a court order in place before we can release any of your information to anyone, unless there is an emergency medical necessity (heart attack, etc). All LMT's and administrative staff have full access to your information for the purposes of doing business for MassageFIX and it will never be shared or used for solicitation outside of this business. We are a "non-covered" HIPAA entity. Your file is stored for 5 years in a locked HIPAA area and password protected information is stored on a secure computer.

**SEXUAL CONDUCT:** sexually suggestive behavior and/or conversation by clients (towards therapist or with their own selves) is never allowed on any level and will be reported immediately to the **POLICE for criminal & public prosecution (SOLICITATION)**. Those attempting this **pathetic and depraved behavior** will be permanently banned from the premises in order to maintain a safe work environment for our employees. **NO MONGERING!**

I \_\_\_\_\_ (print) have read the above polices, understand them and agree to follow them. I have also been given an informational brochure listing the Benefits of Massage, Contraindications of Massage, Code of Ethics and Standards of Practice of MassageFIX. I have had an opportunity to ask questions regarding anything that I didn't understand and have had my questions answered to my satisfaction. I understand that my massage therapist cannot diagnose, prescribe, do adjustments or do surgery.

Client Signature \_\_\_\_\_ date \_\_\_\_\_ LMT Initials \_\_\_\_\_