



MassageFIX

## What's New?

Spring  
2019

**Sweeping London & New York. Former fans of botox and plastic surgery are opting for healthier, less expensive facial workouts to remove signs of age and stress from their faces. This non-invasive treatment drains old dirty fluids, remodels fine & deep lines and lifts deep muscles so well that clients are truly shocked. You can defeat the elements that are dragging your face down and start fresh with PowerFACE.**

**BasicFACE** - 30 minutes \$59

May include: warm Himalayan salt stones, derma roller, hand massage, gua sha stone, cold moon stones.

**PowerFACE** - 60 minutes \$89 or *Three sessions for \$239*

May include: all of the above in "BasicFACE" plus MC600 machine MicroCupping, PureLift™ 3-wave electric muscle stimulator with collagen serum (types I, III and IV).

### Why would I want this?

- > **Overindulgence** - alcohol  
Best protocol: 30-45 min Sauna session and PowerFACE
- > **Repair Damage from age**  
Best protocol: six 30-45min sauna + 6 PowerFACE every 3 wks
- > **Preparation for a major event**  
Best protocol: - PowerFACE
- > **Preventative or protective**  
Best protocol: 6 PowerFACE, every 3 weeks, then once every 6 mo.
- > **Relaxation**  
Best protocol: BasicFACE

### Can you pop my zits too?

Absolutely NOT! We are not estheticians or dermatologists. We are massage therapists who are licensed to work on your muscles, lymphatic drainage and connective tissue. The only products we use are massage oil/lotion and conductivity gel. For all other facial issues we will refer you to KD Esthetics in Thoroughbred Square. It's not that we are not concerned about your skin; it's that our focus is much deeper (pun intended).

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### How long does it last?

- 3-4 days for most notable effects
- 5-7 days for most lymphatic drainage effects
- 2-3 weeks for most collagen cell and muscle fiber stimulation
- 3-6 weeks for greatest effects of fascial sheet remodeling

### When should I come back?

Because skin cells regenerate themselves every 27 days, we recommend 6 PowerFACE sessions (1 every 3 wks, then once every 6 mo) for optimal results.

### What if I've had botox or fillers?

You can't have massage within 2 weeks of botox or 4 weeks since fillers.

*We will be moving to Thoroughbred Square in May!*



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